

Kenmore West Cheerleading

Football, Fall 2 Tryouts

Abridged Team Rules

1. Prospective cheerleaders must be passing 4 core classes plus P.E. by the end of the marking period to be eligible for a Fall 2 squad.
2. The use of alcohol, illegal drugs and tobacco is prohibited.
3. There is a level of **respect** that is expected at all team activities. Prospective cheerleaders should be kind and polite to coaches, as well as their peers.
4. Behavior and language at team activities should be appropriate. Fighting, cursing and inappropriate gestures will **not** be tolerated.
5. Contact with coaches should not be demanding, threatening or inappropriate. Coaches may be contacted via email anytime or through the Band App between 8am and 7pm.
6. Proper sneakers are to be worn at all workouts and clinics. Baggy clothing (sweatshirts and sweatpants) is only permitted during conditioning and strength training. Jewelry, with the exception of religious or medical medals, is prohibited at all activities.

I _____, give my child _____ permission to try out for the Kenmore West Cheerleading squad. I understand that Cheerleading is a physical activity that involves assumed risks. I hereby give permission to school personnel to treat my child in the event of an injury. If the injury or illness requires advanced treatment I allow the supervisor to call for an ambulance and/or higher care.

In addition, I recognize that my child is being judged based on his/her demonstration of skills. I understand that while offseason activities are not mandatory, attendance will benefit my child. Lastly, knowing that judge's scores are confidential and will only be viewed by the coaches and/or select district personnel, I will accept the final decisions of the cheerleading coaches regarding my son or daughter's determined placement.

Signed

Date

Medical Insurance Company

Policy/Group Number

Emergency Contact Name

Contact Phone Number